

RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – APRIL 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>SENIOR CENTER HOURS:</u> Mon: 7:30 a.m. – 5:00 p.m. Tues – Fri: 8:30 a.m. – 5:00 p.m.	If you have questions about the Center or would like to make an appointment with a certified SHIP counselor call 287-6409	UPCOMING..... WE WILL BE CELEBRATING IN MAY "OLDER AMERICAN'S MONTH" WITH A HOST OF SPECIAL PROGRAMS & ACTIVITIES	NOTE: Due to Senior Games sporting events, several regularly scheduled activities have been cancelled –	9:00 Aerobics 1 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing (cancelled) 1:00 Table Tennis 7:00 PERFORMING ARTS FOLLIES (PUBLIC INVITED & WELCOMED)
9:00 Aerobics 4 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 9-11:30 SENIOR GAME PRACTICE* 6:00 ZUMBA	8:45 RED HOT CHILI STEPPERS 5 WALKING CLUB (cancelled) 9-11 Silver Threads & Needles 9-11:30 SENIOR GAME PRACTICE* 10:00 Yoga 1:00 Table Tennis	8:30 Wednesday Walk 6 9:00 Aerobics 9-11:30 SENIOR GAME PRACTICE* 9-11 Silver Threads & Needles 10:00 Line Dancing 12:30 Oil Art Group.	9-11 Silver Threads & Needles 7 9:00 AEROBICS (rescheduled) 9-11:30 SENIOR GAME PRACTICE* 12:00 – 4:00 Bridge 12:30 Just Dance	9:00 Aerobics (rescheduled to 3/7) 8 9:00 SilverStriders 9:00 FUN WALK & BALLOON RELEASE 9-11 Silver Threads & Needles 10:00 Fellowship & Singing (cancelled) 10:30 SENIOR GAMES OPENING 1:00 Table Tennis **All Senior Games Participants Please Wear Your T-Shirt Today**
SENIOR GAME PRACTICE MONDAY – THURSDAY INCLUDES: CORN HOLE, SHUFFLEBOARD, FOOTBALL THROW, HORSESHOES, & BOCCE				
9:00 Aerobics (CANCELLED) 11 9:00 SilverStriders 9-11 BLOOD PRESSURE CHECK 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 6:00 ZUMBA	8:45 RED HOT CHILI STEPPERS 12 WALKING CLUB (cancelled) 9-11 Silver Threads & Needles 10:00 Yoga 1:00 Table Tennis	8:30 Wednesday Walk 13 9:00 Aerobics 9-11 Silver Threads & Needles 10:30 PEN PALS 10:00 Line Dancing 12:30 Oil Art Group	9-11 Silver Threads & Needles 14 12:00 – 4:00 Bridge 12:30 Just Dance	9:00 Aerobics 15 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing (cancelled) 1:00 Table Tennis
Senior Games Sporting Events April 8-25 – See separate Senior Games Schedule for dates & times of each event →				
9:00 Aerobics 18 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 10:30 RECIPE CLUB (cancelled) 6:00 ZUMBA	8:45 RED HOT CHILI STEPPERS 19 WALKING CLUB (cancelled) 9-11 Silver Threads & Needles 10:00 Yoga 1:00 Table Tennis	8:30 Wednesday Walk 20 9:00 Aerobics 9:30 TEA PARTY (cancelled) 9-11 Silver Threads & Needles 10:00 Line Dancing 12:30 Oil Art Group	9-11 Silver Threads & Needles 21 12:00 – 4:00 Bridge 12:30 Just Dance	9:00 Aerobics 22 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing (cancelled) 1:00 Table Tennis
Senior Games Sporting Events April 8-25 – See separate Senior Games Schedule for dates & times of each event →				
9:00 Aerobics 25 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 6:00 ZUMBA	8:45 RED HOT CHILI STEPPERS 26 WALKING CLUB (cancelled) 9-11 Silver Threads & Needles 10:00 Yoga 1:00 Table Tennis	8:30 Wednesday Walk 27 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 12:30 Oil Art Group	9-11 Silver Threads & Needles 28 10:45 SENIOR TAR HEEL LEGISLATOR PRESENTATION/LARRY GREGG 12:00 – 4:00 Bridge 12:30 Just Dance	9:00 Aerobics 29 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing (cancelled) 11:30 BIRTHDAY RECOGNITION 1:00 Table Tennis
Sporting Events conclude April 25. April 26 & 27 rain dates if needed			UPCOMING EVENT: SENIOR GAMES CLOSING CERMONY FRIDAY, MAY 6 at 6:00 PM	

DAILY DROP-IN EVENTS: Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles

ALSO AVAILABLE: Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Paper Shredder, Notary Public, Wi-Fi, Scheduled Transit Stop.

REMINDER: (FREE) AARP TAX PREPARATION IS AVAILABLE (BY APPOINTMENT ONLY) EACH THURSDAY & FRIDAY THROUGH APRIL 15